



Illinois
HEART AND
VASCULAR

Formerly West Suburban Cardiologists

How is your circulation?
Answer the questions below to find out.

	YES	NO
Do you get pain, cramping or fatigue in either leg or buttocks when walking?		
Does this pain, cramping, or fatigue ever begin when you are standing still or sitting?		
Do you get pain, cramping, or fatigue when you walk uphill or at a fast pace?		
Do you have open sores, ulcers, or slowly healing sores?		
Do you have any foot discoloration (redness, paleness, or bluish discoloration)?		
Have you ever had angioplasty, stents, bypass surgery, or amputation of lower extremities?		
Do you have coronary artery disease / heart disease?		
Have you ever been told you have blockages in your neck arteries?		
Have you ever had a stroke or “mini-stroke”?		
Is your blood pressure poorly controlled >140/90?		
Do you take 2 or more blood pressure lowering medications?		

If you answered “yes” to any of the above questions, please consider further evaluation with one of our expert cardiologists at Illinois Heart and Vascular.

You can talk with our receptionist in the main lobby for an appointment or call us at 773-880-9722 to schedule your appointment.

Also note: High cholesterol, high blood pressure, a history of smoking, varicose veins, or diabetes are all high risk factors for Peripheral Vascular Disease.